



BARNSELEY ROAD CLUB

Risk Assessment: Club Rides

Location:
All Barnsley Road Club Routes & Rides
Document Reference: RA Club Ride

Completed by: Chris Smart
Approved by: Executive Committee
Date of Review: 05/12/2023
Next Review Date: 05/03/2024

Other relevant Risk Assessment: NONE

Risk Assessment

Activity	Hazard	Who is at risk	Level (H/M/L)	Control Measures Recommended	Residual Risk (H/M/L)	Further Action Recommended / Required		
						Y/N	What?	Person Responsible
1. Pre-ride	Equipment: Conditions & accidents	Rider	L	Bikes must be legal and roadworthy	L	N		Rider

				<p>Riders to carry out pre-ride checks, brakes, frame, steering, pedals / cleats, wheels & tyres</p> <p>Tri-bars are not permitted on ANY club ride</p>			
2. Pre-ride	Equipment: Breakdown, Stranded	Rider & Public	M	<p>It is expected that each rider to carry minimum tool kit comprising:</p> <p>Method of inflating tyre / inner tube</p> <p>At least one inner tube</p> <p>Tyre levers</p> <p>Multi Tool</p> <p>Mobile phone and money / card</p> <p>Bikes must be legal and roadworthy</p> <p>Contact Details of Ride Leaders published by Executive Committee annually</p>	L	N	Rider

3. Pre-ride	Equipment: Clothing- Comfort and safety	Rider	M	<p>Riders to assess weather and dress appropriately</p> <p>Waterproof jacket / gilet to be carried when needed</p> <p>Strongly recommended that Riders wear approved helmets, these should not have been involved in a crash impact and to be changed at manufactures recommended intervals. Conforming to a minimum of EN 1078 standard</p> <p>Recommend the wearing of cycling specific eyewear or glasses</p> <p>Mudguards are recommended during the winter months</p> <p>A minimum of a Rear Light is recommended on all Club Rides</p> <p>If riding at night or in twilight, ensure both front and rear lights have sufficient battery life for the</p>	L	Y Met Office weather forecast or other reputable source	Rider

				ride and conform to BS6102/3 or equivalent EC standard.				
4. Pre-ride	Equipment: Communication, stranded	Rider	L	Mobile phone or money for public phone to be carried Riders to have ICE numbers either in the phone or on person Riders to be familiar with route and be aware of where they are, at all times	No Risk	N	Route details will be available on Facebook, Strava and Komoot, and made accessible to all riders, pre-ride. Additionally communicated through Membership Email	Rider
5. Ride	Equipment: Food/Drink	Rider	L	Familiarise yourself with distance of ride prior to attending meeting point Riders responsibility to ensure they carry enough food / drink / energy gels for duration of ride Have the ability to purchase food / drink.	No Risk	Y	Route details will be available on Facebook, Strava and Komoot, and made accessible to all riders, pre-ride. Additionally communicated through Membership Email See Point 9.	Rider & Ride Leader
6. Ride	Preparation: Health	Rider	M	Riders to ensure they are aware of the distance / pace of the ride and are of a sufficient level of fitness to complete ride	L	N	See Point 4. and 5.	Rider

				<p>Do not start any ride if you are feeling unwell or you feel unable to complete it</p> <p>Ensure any specific medication is taken on rides or any other first aid deemed necessary</p> <p>If during the ride you feel unwell, inform the Ride Leader immediately</p>				
7. Pre-ride	Group size / Riders experience: Accident, traffic problems	Riders and Public	L	<p>Group to be split at Ride Leaders discretion</p> <p>Groups should be split according to ability and speed / pace</p> <p>Any new riders should identify themselves to the Ride Leader and consideration should be given to allocating a 'Ride Buddy'</p> <p>Be familiar with the Highway Code (Rules for Cyclists 59 to 82)</p> <p>Always follow any instruction given by Rider Leader, with particular reference to Rule 66,</p>	L	Y	<p>If / when a Ride Leader is not available, a Lead Rider should be chosen from within the group. Primarily a regular experienced rider within the group</p>	Rider & Ride Leader

				advice on where / when to ride two abreast or single file				
8. Pre-ride	New / Guest Riders & Welcome Rides / Riders	Riders and Public	M	Any guest / new rider must introduce him / herself to the Ride Leader and the group Guest / new rider must be conversant with the Risk Assessment and acknowledge this document before participating	M	Y	Appointed Rider to show ride / Club protocol during the ride see Point 7. Establish if ridden as a guest before with Barnsley Road Club or another Club before a ride	Rider
9. Pre-ride	Weather	Rider	M	Ride Leader to review weather conditions prior to ride If adverse weather conditions are forecast Rider Leader to review forecast and conduct or cancel ride where and when required	L	N	See Point 3.	Ride Leader & Club Secretary
10. Pre-ride	Communication	Rider	M	Route shared with riders before the ride Any known route hazards, diversions or other considerations Any issue relevant to the weather	L	N		Rider & Rider Leader

				discussed (strong wind, ice, heavy rainfall, etc) Check for presence of new members or guests				
11. Ride	Collision / Accident: Riders	Rider	M	Ensure bike is properly maintained All Riders to be aware of and abide by Club code of conduct for all riders. Supporting Document 1	L	Y	Pre ride briefing to be undertaken (point 9 above) New / inexperienced riders to be identified and given ride buddy (experienced rider) where possible Riders to be aware of First Aiders in the Group	Rider, Ride Leader & Committee
12. Ride	Collision Accident: RTA	Riders and Public	H	Ensure bike is properly maintained All Riders to be aware of and abide by Club code of conduct for all riders. Supporting Document 1	M	Y	Riders to be aware of First Aiders in the Group All accidents to be reported as per the Road Traffic Act and to the committee and an accident report submitted detailing the circumstances, using the British Cycling Reporting Documentation Accident trend monitoring to be conducted	Rider, Ride Leader & Committee

13. Ride	Accident: Falling off	Rider	M	<p>Always pay close attention to the road surface and dynamically risk-assess any changes identified. e.g. consider dismounting to cross a ford</p> <p>Be aware of the calls / warnings in relation to changes in surface such as potholes and use / pay attention to these warnings</p> <p>Only ride at a speed at which you are competent / confident particularly on descents.</p> <p>Ice on the roads should be brought to the attention of the Ride leader immediately</p>	L	Y	<p>Should a club ride set off and there be a risk of ice then there should be a continual dynamic risk assessment (DRA) of the conditions.</p> <p>Consideration should be given to;</p> <p>a) Call ride off b) change the route c) Stick to main roads if they are clear of ice.</p>	Rider & Ride Leader
14. Ride	3rd Party Claim Arising From Accident and / or Mishap	Rider	L	Barnsley Road Club recommends that all of its members are covered for 3rd party claims via an appropriate insurance policy e.g. British Cycling Membership	L	N		Rider
15. Ride	Theft of cycle	Rider	M	Always try and ensure that your bike is within your sight during	L	Y	If a theft does occur report to the police.	

				<p>stops.</p> <p>At protracted stops e.g.café, ensure that your bike is locked to an immovable object / other bikes using a good quality lock.</p> <p>Ensure Mobile phone and / or money for public phone to be carried</p>		<p>Also report matter to the Club Secretary so that the club have a record of location and circumstances for future reference.</p>	Rider & Ride Leader
16. Ride	Stopping	Riders and Public	M	<p>Always choose a safe place to stop as a group, and in particular avoid road junctions, bends and other physical road hazards</p> <p>Warn riders before stopping, and keep the carriageway clear</p> <p>In the event of punctures, breakdowns etc. clear the carriageway if possible, or Ride Leader to instruct the group to continue to a safe waiting place</p> <p>Check for presence of back marker at junctions. If necessary, wait for slower riders beyond the junction</p>	L	N	Rider

17. Ride	Passing horse	Riders Horse Rider Horse	M	<p>On approach to a ridden horse, the lead rider should warn the horse and horse rider by verbal communication that a human(s) are present and behind. Thereafter proceed and pass by slowly</p> <p>Heed any advice given by horse rider</p> <p>Horses can be spooked by bikes; it is essential that the horse hears the human voice before it sees the bike</p>	L	N		Rider
18. Ride	Cycle trails	Rider and Public	M	<p>Speed should be reduced on trails & access road</p> <p>Be aware of debris, litter and loose surfaces</p> <p>When approaching other users, reduce speed and give a warning sound, either bell or vocal to warn of your presence</p> <p>Dog walkers may need extra time</p>	L	Y	See Point 11. 13. 16.	Rider & Ride Leader

				<p>to control or distract their animal so give extra time for warning</p> <p>Wildlife is more abundant on these trails and riders should be vigilant</p>			
19. Ride	Event of accident	Rider	M	<p>A Dynamic Risk Assessment (DRA) of the scene to be made and any risks assessed.</p> <p>The group should be moved to a safe position off the road, consideration given to moving any injured Rider</p> <p>If required, take reasonable measures to control traffic</p> <p>Administer first aid, if required call 999 for assistance</p> <p>If injured cyclist is unable to continue, one of the Group must stay with that person until assistance arrives</p> <p>Ride leader to assist any casualty in filling in the British Cycling Reporting Documentation, and forward to Club Secretary</p>	L		Ride Leader

				The Exec Committee must be informed after the event and as soon as practical, within 48 hours			
20. Post-ride				<p>At the end of the ride the Ride Leader will conduct a ride debrief</p> <p>Riders are encouraged to raise any issues or concerns</p> <p>In addition, any accidents, near misses and anything else of note must be brought to the attention of the Ride Leader if it hasn't already been done</p> <p>If any rider is not comfortable doing this in front of others, then please approach a Committee Member privately</p>		Report to the committee any matters arising from the ride	Ride Leader
21. Rides outside the UK				<p>Riders to make themselves aware of Local Road regulations</p> <p>Familiarisation of any hired bikes</p> <p>Ensure familiar with Foreign Laws and safety advice on Country visiting</p>	L	See points 1 - 19	Rider

22. Youth riders				<p>Riders aged between 12 and 17 need to make sure they make Ride Leaders aware of age and that they are competent rider and Parental Consent have been given.</p> <p>Parental Consent Form must be completed by Parent or Guardian before they join any Club Ride</p>	L	<p>Ride Leader to assign, if youth is unaccompanied, an experienced rider to ensure they accompany the Youth and ensure consent has been provided.</p>	<p>Rider & Ride Leader</p>

Supporting Links and Notes

British Cycling Parental Consent and Data Protection Notice

https://www.barnsleyroadclub.co.uk/files/ugd/d69017_51999dd4f6054c5783680331f5be3faa.pdf

Club Code of Conduct for All Rider

https://www.barnsleyroadclub.co.uk/files/ugd/f56d8f_44b42f8c77e1465492b5f4c8159838e5.pdf

British Cycling Incident Report Form

https://www.britishcycling.org.uk/zuvvi/media/bc_files/officials/Incident_Report_Form_.doc

